

## Moon Sand

### Ingredients:

- 4 cups flour
- 1/2 cup baby oil

### Method:

1. Mix together the flour and oil, getting in there with your hands until it doesn't feel oily anymore.
2. It takes a bit of kneading, so keep at it!

### Play Suggestions:

1. Add small cups (empty apple sauce, yogurt cups, etc.).
2. Place spoons in the bin for scooping.
3. Add sand toys.
4. Dig, fill, and dump using construction toys.
5. Build structures by adding loose parts.
6. Add letters or numbers to sand and make prints.
7. Sprinkle cocoa powder to make "dirt".

## Play Snow

### Ingredients:

- Baking soda
- Shaving cream (fluffy kind – not gel)
- Bowl
- Measuring cup

### Method:

1. Pour 1 cup of baking soda in a bowl and add in shaving cream slowly until you get the snow consistency that you like.

### Play Suggestions:

1. Add animals to create a winter scene.
2. Add sparkles or colouring to create different coloured snow.

## Salt Dough

### Ingredients:

- 1 cup of flour
- 1/2 cup of salt
- 1/2 cup of cold water

### Method:

1. Add all the ingredients and mix until combined.
2. Knead until mixture has a smooth texture.
3. This recipe will harden over time and can be painted when the creation is dry and hard.

### Play Suggestions:

1. For quick-dry dough, use oven on low heat.
2. Create a “family tree” using handprints as leaves.
3. Add seasonal spices to the dough.
4. Create ornaments for special occasions.

## Play Dough – Method 1

### Ingredients:

- 3 cups of flour
- 1/4 cup of salt
- 1 tablespoon Cream of Tartar
- 2 cups of boiling water
- 3 tablespoons of oil

### Method:

1. Add boiling water to bowl.
2. Add any colouring or food flavouring if desired.
3. Add salt and stir until dissolved.
4. Add oil, flour and Cream of Tartar.
5. Stir until combined and knead until desired consistency is reached.

### Play Suggestions:

1. Add Kool-Aid.
2. Add pure cocoa.
3. Add food colouring.
4. Add sand.
5. Add oatmeal.
6. Add glitter.
7. Add spices.
8. Add sticks/stones.
9. Add animals, people, or statues.
10. Use muffin liners or tins.
11. Roll dough into snakes and create unique shapes or letters.